# ARMY CAREERS & DEVELOPMENT OPPORTUNITIES

IN THE NORTH EAST & YORKSHIRE QUARTERLY NEWSLETTER



## WHAT CAN WE OFFER YOU?

The British Army offers a range of activities, workshops and events to support educational establishments, youth and business organisations.

## CAREERS & DEVELOPMENT ACTIVITIES

### SCHOOLS OUTREACH

(AGES 9-14)

#### Coming to a school near you!

Our Regional Engagement Team offer specially designed activities to meet your school's needs. Our focus is to inspire young people through fun-filled activities concentrating on teamwork and communication to build their confidence. Our 1-2 hour sessions include practical leadership & team building tasks for groups of up to 30 students.



## SKILLS ACADEMY

(AGES 13-19)

#### **Get stuck in with the Army Outreach Team!**

Our Skills Academy offers students an opportunity to get hands-on in a series of confidence-building Army themed activities to build a student's mental and physical attributes. Speak to a member of our Outreach Team to book your place.



## CAREER PRESENTATIONS

(AGES 14-19)

#### Not quite sure about a career in the Army, but want to know more?

This informative and dynamic presentation gives students an understanding of the wide range of career opportunities available in the Army, including apprenticeships and university sponsorship. Speak to a member of our Outreach Team to <a href="book">book</a> your place.



## CAREER FAIRS

(AGES 14-19)

#### Stop off at the Army careers stand...

Request our professional recruiting staff from the local Army Careers Centre, to attend your Careers Fairs! We will inform your students of the variety of career opportunities available in today's Army and answer any questions that they may have about the various roles and the application process.



## LOOK AT LIFE

ARMY YOUTH
CHALLENGE
COURSE

(AGES 14+)

Come along for an action-packed day with the British Army!

If you are part of a school, college or sports academy, we have the perfect event for you! The Army Youth Challenge Course will develop future leaders, improve communications skills through teamwork & problem solving whilst applying discipline in a series of Army based activities.

**Easter & Autumn Courses Available** 



**ARMY EXPERIENCE EVENT** 

(AGES 14-18)

4 DAY **ARMY WORK EXPERIENCE** 

(AGES 14-18)

#### Fancy a taster of what it is to be a soldier?

Come along for a condensed 1-day 'Army Experience' package with the British Army! We will focus on Army Careers and opportunities; and provide some challenging team building such as the obstacle course, indoor shooting range, leadership tasks and basic fieldcraft.

#### Want some hands-on experience of life in the Army?

This 4 Day Residential 'Work Experience' package focuses on developing teamwork, leadership, confidence and resilience. Students will learn about what it is like to be a soldier and conduct Army training activities such as obstacle course, indoor shooting range and basic fieldcraft. Speak to a member of our team to book your place.





## **UPCOMING EVENTS**

#### January 2023

#### **Personal Resilience Workshop**

How would you deal with a stress provoking situation?

Our interactive workshop for students provides an opportunity to learn how to develop resilience, as well as some important coping mechanisms to help with the stresses of everyday life.

16th - 23rd January

#### February 2023

### **Cyber Resilience Workshop**

Do you know how to protect yourself from cyber-attacks?

Learn first-hand from trained soldiers how students can stay safe online. During this workshop, they will learn about the different techniques cyber criminals use as well as how to become a harder target when conducting online activities.

1st - 3rd February

13th - 17th February

27th - 28th February

**National Apprenticeships Week** 

6th - 12th February

#### March 2023

#### **Health & Wellbeing Workshop**

Are you fit to fight? Get lessons in health and nutrition from qualified soldiers to learn how they stay fit for combat, before

learning some Battlefield First Aid, delivered by our trained Combat Medical Technicians.

13th - 17th March

20th - 24th March

**South Yorkshire Armed Forces Skills Day** 

8th March

**South Yorkshire Armed Forces Business Challenge** 9th March

## **MEET YOUR ARMY**

If the activities above do not meet your needs, then why not go to the Meet Your Army Website and find out what the British Army are doing in your local area.

## FIND OUT MORE

**Find your local Army Reserve Centre** https://apply.army.mod.uk/what-we-offer/army-reserve/army-reserve-units Get in touch with your local Army Recruitment Careers Centre https://apply.army.mod.uk/get-in-touch



NOTHING CAN DO WHAT A SOLDIER CAN DO

**British Army Role Finder** https://apply.army.mod.uk/roles **British Army Engagement** https://linktr.ee/army\_engagement



SCAN ME

