

## WEBSITE LINKS FOR SUPPORT AND INFORMATION



Defence Child Bereavement Network ([Facebook](#)) – A peer support forum for all serving personnel and their partners.

### PREGNANCY LOSS – GENERAL INFORMATION AND SUPPORT

Tommy's [Together, for every baby - Charity for Babies | Tommy's \(tommys.org\)](#)

CRADLE [Home | Cradle Charity](#)

Aching Arms [Aching Arms – the charity bringing comfort after baby loss](#)

The Mariposa Trust [www.mariposatrust.org](http://www.mariposatrust.org)

The worst girl gang ever [The Worst Girl Gang Ever | Miscarriage & Baby Loss](#)

4Louis [4Louis - Stillbirth, Childloss](#)

The Miscarriage Association [The Miscarriage Association: Pregnancy loss information and support](#)

Life after loss [HOME | Life After Loss](#)

SiMBA [Home | SiMBA Charity, Simpsons Memory Box Appeal](#)

Held in our Hearts [Held In Our Hearts - Providing baby loss counselling and support](#)

Petals [Petals Charity | The Baby Loss Counselling Charity](#)

Kicks count [Kicks Count](#)

Hope after Loss [Home | Hope After Loss | Pregnancy and Infant Loss Support Groups | Connecticut](#)

Sophia Pregnancy Loss Support [HOME | spls \(sophiapregnancylosssupport.com\)](#)

Beyond Bea [Beyond Bea Charity](#)

Elsie's Moon [Elsie's Moon \(elsiesmoon.co.uk\)](http://elsiesmoon.co.uk)

### ECTOPIC PREGNANCY

Ectopic pregnancy trust [The Ectopic Pregnancy Trust | EPT](#)

### PRENATAL SCREENING, GENETICS & CHILD ILLNESS

Antenatal Results and Choices ARC [Home | ARC supports parents throughout antenatal testing and its consequences \(arc-uk.org\)](#)

Support Organisation for Trisomy 13/18 [SOFT UK - Support Organisation for Trisomy 13 and Trisomy 18](#)

The Rainbow Trust [About Us | Rainbow Trust... | Rainbow Trust Children's Charity](#)

## **TWINS**

The Twins Trust [Twins Trust - We support twins, triplets and more...](#)

## **DAD SUPPORT**

Daddys with Angels [Home | Daddy's With Angels | Bereavement Support \(daddyswithangels.org\)](#)

Charlie's Child Loss Charity [Charlie's Child Loss Charity \(@CharliesChildL1\) / Twitter](#)

Dad info [DAD.info | Free expert advice and support for Fathers](#)

Dad matters [Dad Matters – Supporting Dads in Greater Manchester to have the best possible relationships with their families.](#)

## **SURROGACY**

Two Dads UK [TwoDads U.K - Surrogacy Support in UK \(twodadsuk.com\)](#)

## **BAME COMMUNITY SUPPORT**

Approachable Parenting [www.approachableparenting.org](#)

## **SINGLE PARENTS**

Gingerbread [Home | Gingerbread](#)

## **STILLBIRTH, PREMATURE BIRTH AND NEONATAL DEATH**

Sands [Sands | Stillbirth and neonatal death charity](#)

Abigail's Footsteps [Home - Abigail's \(abigailsfootsteps.co.uk\)](#)

Bliss [For babies born premature or sick | Bliss](#)

Aching Arms [Aching Arms – the charity bringing comfort after baby loss](#)

The Mariposa Trust [www.mariposatrust.org](#)

The worst girl gang ever [The Worst Girl Gang Ever | Miscarriage & Baby Loss](#)

4Louis [4Louis - Stillbirth, Childloss](#)

The Lullaby Trust [The Lullaby Trust - Safer sleep for babies, Support for families](#)

SiMBA [Home | SiMBA Charity, Simpsons Memory Box Appeal](#)

Held in our Hearts [Held In Our Hearts - Providing baby loss counselling and support](#)

Petals [Petals Charity | The Baby Loss Counselling Charity](#)

Hope after Loss [Home | Hope After Loss | Pregnancy and Infant Loss Support Groups | Connecticut](#)

Henry's Hope [Henry's Hope Charity | Child Bereavement Charity | Barnsley \(henryshopecharity.com\)](#)

Scottish cot death trust [Home - Scottish Cot Death Trust](#)

Little Heartbeats [Little Heartbeats | PPRM | Waters breaking - preterm birth \(little-heartbeats.org.uk\)](#)

## **SIBLING SUPPORT**

The Lexi Doll Charity [www.thelexidollcharity.co.uk](#)

Forever Stars [Forever Stars | East Midlands | Stillbirth & Child Bereavement Charity](#)

Winston's wish [Winston's Wish - giving hope to grieving children \(winstonswish.org\)](#)

Slow Group [Support for Bereaved Parents and Siblings in the UK \(slowgroup.co.uk\)](#)

## **BEREAVEMENT SUPPORT FOR ALL**

The Compassionate Friends [The Compassionate Friends \(tcf.org.uk\)](#)

Life after loss [HOME | Life After Loss](#)

Child Bereavement UK [Child Bereavement UK](#)

Beyond Bea [Beyond Bea Charity](#)

JOEL [JOEL The Complete Package – Supporting families through pregnancy and parenting after baby loss. \(joeltcp.org\)](#)

Cruse [Cruse Bereavement Care |](#)

Nova Foundation – good link to a lot of charities and different focus groups affected ie dads, phone numbers [Nova Home \(novafoundation.org.uk\)](#)

The Good Grief Trust [Home – The Good Grief Trust](#)

Untangle Grief [untanglegrief.com](#)

## **EMPLOYER RESOURCES**

Maternal Mental Health Alliance [Maternal Mental Health Alliance | Awareness Education Action](#)