

## Central Selection – Speaking & Listening Practice Advice

You will be called up individually to have a conversation with an education officer. The conversation will last no more than 10 minutes. You must provide evidence of your English-speaking ability in that time. Answer questions with as much detail as you can and try to relax. Do not learn answers off by heart, use your own answers and your own life experience.

You will be assessed on your answer structure, grammar, vocabulary, clarity of speech, flow and response, as well as understanding and following direction. You need to be able to form sentences correctly in the present, past and future tense.

### What you are assessed on

- Structure and grammar
- Vocabulary
- Clarity of speech
- Flow and response
- Understanding and following direction

### Practice Questions

Practice speaking English with your family and friends. Below are some example questions to help you practice.

Topic	Sub questions (not exhaustive)
Yourself	Tell me about yourself?
Hometown	Describe the town you are from. What / where should I eat lunch / dinner?
Family	Tell me about your family? Has anyone in your family been in the Army?
Film	What is your favourite Western / Nepalese film? Why? Describe the main character(s).
Book	What was the last book you read? What is your favourite book? Why?
TV	What is your favourite TV show? Why?
Hobbies	What is your favourite hobby? Why?
Sports	What sports do you play? What is your favourite? Why? Do you support a sports team? What team?
Travel	Have you travelled to many places? Imagine I am tourist in Nepal, what places can you recommend for me to visit?
School	Where did you go to school? What did you enjoy about school? What was your favourite subject?
Food	What is your favourite food/type of food? Why? What is favourite meal? Why? How would you compare the food on camp to your mothers?
Selection	Where did you first learn about the British Army? What did you do to prepare for RS / CS?
UK	What places would you like to visit? What is the weather like?
Nepal	What do you like the most about Nepal?

Gurkhas	Tell me about the Brigade of Gurkhas? Where are they based around the world?
Current Affairs	When did you last watch / read the news? What was the story about?
What ifs?	What will you do if you are not successful? What regiment will you join if you are successful? Second choice?
Pictures	Describe this picture in as much detail as you can. What do you think happened just before this picture was taken? What do you think is going to happen next? What happens 1 / 5 / 20 minutes later?
Misc	How would you describe a [cup / apple / cow] to someone who had never seen one?