

Region	County	Location	Contact	Service Owner
England				
	Bedfordshire	Chicksands	01462 752706/752175	Army
		Henlow	01462 851515 x7062	RAF
	Berkshire	Arborfield	01189 763787	Army
		Windsor	HCRWelfare@hotmail.com	Army (HCR)
	Buckinghamshire	Halton	01296 656122	RAF
		High Wycombe	01494 497831	RAF
	Cambridgeshire	Waterbeach	01223 204431	Army
		Wittering	01780 417605	RAF
		Wyton	01480 52541 x8799/x7198	RAF
	Cheshire	Chester	01244 650962	Army
	Cornwall	Culdrose	01326 552388	RN
	Devon	Chivenor	01271 857173	RM
		Lympstone	01392 414456	RM
		Plymouth	01752 706965	RN
	Dorset	Blandford	01258 481938	Army (AWS)
		Bovington	01929 402239	Army
		Lulworth	01929 402239	Army
		Poole	01202 202628	RM
	Essex	Colchester	01206 815022	Army (16AirAsslt)
		Wimbish	01223 203691	Army
	Gloucestershire	Innsworth	01452 362550	Army
	Hampshire	Aldershot (10QOGLR)	01252 355138	Army
		Aldershot (Gren Guards)	01252 355184	Army
		Bordon (managed by Deepcut)	01252 833653	Army
		Fareham	023 92284210	Army
		Gosport	02392 528235	RN
		Marchwood	023 8066 4341 x8341	Army
		Middle Wallop	01264 784529	Army
		Minley	01252 863686	Army
		Odiham	ODI-BSW-AccomSup@mod.uk	RAF
		Worthy Down	01962 884625	Army

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	Kent	Chatham	01634 822424	Army
		Maidstone	01622 767298	Army
	Lancashire	Lytham St Annes	01253 725519	RAF Assn
		Preston (3 Med Regt)	01772 260 2214/2204	Army
		Weeton	01772 260778	Army
	Lincolnshire	Coningsby	01526 347868	RAF
		Cranwell	CRN-Spt-ContactHouse@mod.gov.uk	RAF
		Digby	01526 327432 x7543	RAF
		Grantham	0115 957 3102	Army
		Scampton	SCA-WelfareHouse@mod.gov.uk	RAF
		Waddington	WAD-ContactHouseBooking@mod.gov.uk	RAF
	London	Victoria	0207 414 3416	Army
		Woolwich	0208 781 3626	Army
	Middlesex	Northolt	0208 8338744	RAF
		Uxbridge	01923 957000	RN
	Norfolk	Marham	01760 337261 x6136	RAF
		Swanton Morley	01362 627971	Army
	Northumberland	Boulmer	01665 577502	RAF
		Newcastle-upon-Tyne	0191 239 3355/3334	Army
	Nottinghamshire	Chilwell	0115 9572798	Army
	Oxfordshire	Abingdon	01235 543562	Army
		Benson	BEN-WelfareHouseCommittee@mod.gov.uk	RAF
		Brize Norton	01993 895956	RAF
	Rutland	North Luffenham	01780 727633	Army
	Shropshire	Donnington	01952 654770	Army
		Shawbury	01939 250351 x7206	RAF
		Tern Hill	01630 698215	Army
	Somerset	Weston Super Mare	01934 621664	RAF Assn
	Staffordshire	Lichfield	01543 475249	Army
		Stafford	01785 787445	MOD
	Suffolk	Honington	01359 268610	RAF
		Wattisham	01449 728621	Army
	Surrey	Bordon	01252 833653	Army
		Pirbright	01483 798604	Army
		Sandhurst	01276 414105	Army

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	Warwickshire	Bramcote	01455 222520/963	Army
		Kineton	01869 257433 / 258173	Army
	West Midlands	Cosford	01902 377828 / 377310	RAF
	Wiltshire	Boscombe Down	01980 664058	RAF
		Bulford	01980 672420	Army
		Colerne	01225 745210	Army
		Hullavington	01666 508635	Army
		Larkhill	01980 634022	Army
		Lyneham	01249 894858	Army
		Services Cotswold Ctr	01225 810358	AWS
		Warminster	01985 210300	Army
	Yorkshire	Catterick	01748 874408	Army
		Dishforth	01423 321617	Army
		Harrogate	01423 569352 / 520344	Army
		Leconfield	01904 665599/4967	Army
		Leeming	01677 457297	RAF
		Linton On Ouse	01347 847321 / 7352	RAF (SSAFA)
		Ripon	01765 632382	Army
		Topcliffe	01845 595353	Army
		York	01904 662001	Army
NI				
	County Antrim	Aldergrove	028 94421448	Army
		Lisburn	028 92266163	Army
	County Down	Holywood	028 90420341	Army
Scotland				
	Angus	Arbroath	01241 822332	RN
	Argyll and Bute	Faslane	01436 677266 or 670910	RN
	Dunbartonshire	Helensburgh	01436 675350	RN
	Edinburgh	Edinburgh	0131 310 2759	3 Rifles
	Fife	Leuchars (REME)	01334 857444	Army
		Leuchars (RMP)	01334 856236	Army
		Leuchars (Scots DG)	01334 857961	Army
	Highlands	Inverness	01463 225907	Army
	Morayshire	Kinloss (39 Engineer Regt)	01309 616393 / 94	Army
		Lossiemouth	01343 817571	RAF

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Wales				
	Anglesey	Valley	01407 762241 x4058	RAF
	Glamorgan	St Athan	01446 798381	ARMY
		St Athan	01446 797332	RAF
	Monmouthshire	Chepstow	01291 645358	Army
	Pembrokeshire	Haverfordwest	01437 768847	Army
	Powys	Brecon	01874 613731	Army
Worldwide				
	Brunei		006733 224101 x3383	Army
	Cyprus	Akrotiri	00357 25275739	RAF
		Ayios Nikolaos	00357 (0)2395 7426/7711	Army
		Dheklia	00357 24744660	Army
		Nicosia	00357 22614412/18	Army / UN
	Europe	Brunssum	0031 (0)45 526 3011	DIO
		SHAPE	0032 (0)6544 4026	DIO
	Germany	Sennelager	0049 (0)5254 982 4292/4293	Army