Brief
Launch of the Armed Forces personnel in transition, Integrated Personal Commissioning for Veterans Framework

March 2019

Background
NHS England and the Ministry of Defence (MOD) have launched the Armed Forces personnel in transition, Integrated Personal Commissioning for Veterans Framework (IPC4V), which represents a new personalised care approach for the small number of Armed Forces personnel who have complex and enduring physical, neurological and mental health conditions that are attributable to injury whilst in Service.

Embedding the six evidence-based components of the NHS Comprehensive Model for Personalised Care, IPC4V provides a framework for effectively planning and delivering personalised care in line with the health commitments of the Armed Forces Covenant. Central to this is an improved discharge planning process, starting approximately nine months before these individuals are due to leave the military. As part of this, a range of organisations, including the MOD, health and social care and Armed Forces charities work together with the individual to develop a personalised care and support plan that meets their health and wellbeing needs in ways that work for them. Where appropriate, this also includes the involvement of the individual's family / carer.

This new approach has evolved over the last couple of years and been influenced by this patient group. Their involvement and that of their families and carers has been invaluable in helping to understand all aspects of their lives, crossing health and social care and education. Furthermore, their views and experiences have been central to informing the development of an effective and sustainable framework that can be consistently used across England, helping to ensure that these individuals get the very best care and support.

When implemented effectively, IPC4V gives individuals more choice and control over how their care is planned and delivered. It is based on what matters to them, meaning that they can choose how best to live their life and get the right support to make this happen.

For those organisations involved in the care of these individuals, this new approach brings them together at an earlier point in the care pathway, ensuring the timely development of a personalised and integrated care and support plan.
The process
Individuals who are eligible for IPC4V are proactively identified by medical staff whilst they are on the Defence Recovery Pathway.

With the individual's agreement and where appropriate, that of their family, they will then be referred for an assessment. As part of this, a multi-disciplinary and multi-agency steering group is set up to oversee the case and ensure the right people, including the individual, are involved.

Following an initial holistic assessment around the individual and their health and wellbeing needs, a personalised care and support plan is developed with them (and also their family where appropriate). These arrangements are put into place whilst the individual is still serving, ensuring that Armed Forces aware care and support are being provided as they transition to civilian life and beyond.

The benefits
If an individual is eligible to get care and support under the IPC4V Framework, they will benefit from the following:

- Personalised care and support planning starting before they have been discharged from the Armed Forces, drawing together health and social care specialists, the MOD, local commissioners and military charities.

- A single integrated personalised care and support plan for all their health and wellbeing needs, including the option of a personal budget, personal health budget or integrated personal budget for all or part of their care.

- Ongoing support to help ensure that they are an active participant in the planning and management of their own health and wellbeing, with outcomes and solutions having meaning and context within their life.

- A dedicated Veterans Welfare Manager, who will be a central point of contact for the individual and all involved organisations. The Veterans Welfare Manager will provide a range of support, including ‘guided conversations’ to help the individual identify goals and actions and explore the management of their health and wellbeing within the context of their whole life and family situation. They will also make connections to community based resources, including veteran specific organisations, facilitate appropriate referrals back into health or social care and arrange an annual review of the individual’s care with them and each involved organisation.

Future plans
Armed Forces personnel in transition, IPC4V is one of two frameworks being developed to support the provision of personalised care and support for serving and ex-serving personnel. The second framework, which is for veterans with ongoing health and social care needs, is in development and due to launch in summer 2019. This is in line with the NHS Long Term Plan, which sets out the commitment to supporting veterans.

Further information
To find out more, visit here or email england.armedforceshealth@nhs.net