

There are two menus, Week 1 and Week 2 that alternate. The menu below is for week 1 in order to give an example of meals served at the school during term time.

DAY	LUNCH	EVENING MEAL
	Week 1	Week 1
MONDAY	Soup of the Day	Roast Turkey and Cranberry Sauce
	Salad Bar/Jacket Potato Bar	Chicken Chasseur
	Roast Chicken Salad Baguette	Sweet and Sour Pork
	Pizza	Beef Steak and Onions
	Hot Dog in a Roll	
	Breaded Haddock	
Pasta Choice	Penne Pasta, red pesto, sliced sausage	
Vegetarian Choice	Cheese & Tomato Pizza	Sweet and Sour Quorn
Potato Choice	Chipped Potatoes Baked Jacket Potato	Roast Potatoes New Potatoes
Vegetables	Baked Beans Garden Peas	Cauliflower Cheese Glazed Carrots
Sweets	Fresh Fruit Yoghurts	Peach Crumble Pie Custard Sauce Rice Pudding Fresh Fruit Salad Ice Cream
TUESDAY	Soup of the Day	Roast Beef and Yorkshire Puddings
	Salad Bar/Jacket Potato Bar	Chicken a la King
	Turkey, Cranberry and Coleslaw Baguette	Steak and Kidney Pudding
	Steak Pie	Pork Chop
	Chicken Burgers	
	Jumbo Fish Fingers	
Pasta Choice	Pasta and Meatballs in a Tomato Sauce	
Vegetarian Choice	Vegetable Tortillas	Stuffed Peppers
Potato Choice	Potato Wedges New Potatoes	Roast Potatoes Mashed Potatoes
Vegetables	Baked Beans Sweet Corn	Courgette Provencale Roasted Vegetables
Sweets	Fresh Fruit	Jam Sponge

	Yoghurts	Apple Strudel Custard Sauce Cheesecake Strawberry Mousse
WEDNESDAY	Soup of the Day	Roast Chicken
	Salad Bar/Jacket Potato Bar	Beef Curry and Rice
	Bacon, Lettuce and Tomato Baguette	Gammon Steak and Pineapple
	Club Sandwiches	Mixed Grill
	Quiche Lorraine	
	Poached Fish with a Parsley Sauce	
Pasta Choice	Pasta Spirals in a Carbonara	
Vegetarian Choice	Vegetable Quiche	Quorn Curry and Rice
Potato Choice	Chipped Potatoes Baked Jacket Potato	Roast Potatoes Boulangere
Vegetables	Baked Beans Mushy Peas	Braised Leeds Glazed Carrots
Sweets	Fresh Fruit Yoghurts	Fruit Cobbler Mincemeat Tart Custard Sauce Gateau Creme Caramel
THURSDAY	Soup of the Day	Roast Lamb and Mint Sauce
	Salad Bar/Jacket Potato Bar	Beef Stew and Dumplings
	Roast Beef and Mustard Baguette	Chicken in a Lemon Sauce
	Creamy Fish Pie	Pork Cordon Bleu
	Conish Pastie	
	Lasagne	
Pasta Choice	Pasta with Roasted Vegetables	
Vegetarian Choice	Quorn Lentil and Vegetable Lasagne	Vegetable and Quorn Gratin
Potato Choice	Potato Wedges New Potatoes	Roast Potatoes Croquette
Vegetables	Baked Beans Poached Tomatoes	Sauteed Cabbage Broccoli
Sweets	Fresh Fruit Yoghurts	Lemon Meringue Apple Crumble Custard Sauce Banoffee Chocolate Mousse
FRIDAY	Soup of the Day	Roast Gammon
	Salad Bar/Jacket Potato Bar	Curry and Rice

	Coronation Chicken Baguette	Honey and Chilli Chicken
	Goujons of Fish	Lamb Cutlets
	Chicken Chow Mein	
	BBQ Ribs	
Pasta Choice	Pasta in a Cheese Sauce	
Vegetarian Choice	Quorn in a Tomato Sauce	Vegetable Tagliatelle
Potato Choice	Chipped Potatoes Baked Jacket Potatoes	Roast Potatoes Creamed Potatoes
Vegetables	Baked Beans Processed Peas	Swede Green Beans
Sweets	Fresh Fruit Yoghurts	Chocolate Sponge Spotted Dick Custard Sauce Creme Brulee Meringues
SATURDAY	Soup of the Day	Chilli Con Carne
	Salad Bar	Lamb Cobbler
	Baguettes with Assorted Fillings	Pork Chop
	Fish in Batter	Chicken Breast in a Whole Grain Mustard Sauce
	Chicken Goujons	
	Cottage Pie	
Pasta Choice	Tagliatelle with Cream, Mushrooms and Bacon	
Vegetarian Choice	Vegetable Lattice	Quorn Cobbler
Potato Choice	Chipped Potatoes New Potatoes	Roast Potatoes Parsley Potatoes
Vegetables	Baked Beans Spaghetti	Courgette Provencale Glazed Carrots
Sweets	Fresh Fruit Yoghurts	Bakewell Tart Cherry Pie Custard Sauce Fruit Salad Banan Mousse
SUNDAY	Soup of the Day	Roast Beef
	Savoury Wraps	Roast Turkey
	Fish Fingers	Roast Lamb
	Pork Chow Mein	Cottage Pie
	Bratwurst Sausage	
Pasta Choice	Pasta Bake	
Vegetarian Choice	Quorn Loaf	Quorn Stir Fry

Potato Choice	Chipped Potatoes Saute Potatoes	Roast Boulangere
Vegetable Choice	Baked Beans Savoury Rice	Parsnips and Veg of the Day
Sweets	Fresh Fruit Yoghurts	Pancakes Ice Cream