

Listening:

### Olympic Sports – Canoeing

Olympic canoeing events are divided into two types, depending on the type of paddle that is used. In some events, a paddle with a blade on both ends is used. The canoeist alternately paddles one blade on the left side and the other on the right. In the other type of canoeing, there is only one blade. The competitor sits in a half kneeling position, propelling himself forward by switching the blade from side to side.

The contests begin with qualifying heats. The three winners of each heat advance to the semi finals. The rest have a second chance to get into the semi finals by taking part in yet another round.